

ACTIVITIES UNLIMITED GENERAL MEETING MINUTES

TUESDAY, MARCH 13, 2018

CALL TO ORDER

The meeting was called to order at 1:10 PM by President Jim Webb.

PLEDGE OF ALLEGIANCE

The Pledge of Allegiance was led by Richard Lutzy, a Vietnam veteran.

INVOCATION

The Reverend Andy Kazban led the group in prayer.

SPEAKER PROGRAM

A presentation was made by Dr. Bennett Leifer on "Your Aging Brain". He spoke of the many lifestyle choices we can make to maximize memory fitness. The importance of diet and exercise was stressed as well as learning new things that will stimulate the brain. Things such as learning a new language and getting involved in clubs like Activities Unlimited are good for the brain.

The presentation was well received and the response at the conclusion was outstanding.

TREASURER'S REPORT

Mark reported that the budget was in good order; there was little activity in February. Mark stated that the club was taking care of all budget expenses. Financial reports are on line for anyone to review. Mark mentioned that our membership was a little low but he felt that it would be fine by the end of the year.

MEMBERSHIP REPORT

Walt Widmer, membership chairman, reported that as of March 1, the membership was at 349. He introduced 5 new members: Marty Valerio, Richard Lutzy, Carver Washburn, Stuart Kramer and Mike Nelson.

MISCELLANEOUS

Vince Tortorelli discussed the upcoming May Luncheon. It will be at the Indian Trails Restaurant on May 8th and the cost will be 27.00 per person. There will be a cash bar for anyone who would like a cocktail. Interested members need to send in checks to Vince ASAP.

Doug Cooper reported that as of March 24, 315 members had paid dues, which amounted to approximately 94 per cent of the membership. We lost 9 members who passed away and another 9 who resigned for one reason or another.

Jim Webb reminded the membership to put suggestions in the “suggestion box” which is always in the rear of the auditorium. No suggestions were given last month.

Frank Nusspickle reported that no one responded with regard to needing transportation to our annual Christmas Party.

Jim Webb mentioned that Activities Unlimited business cards are available and can be picked up at the conclusion of the meeting.

Jim Webb reported that the AU Network program was doing fine and reminded all to continue to use it.

Lou Guarneri advised all of upcoming events sponsored by Trips and Tours. They are Liberty Science Center next week, trip to Philadelphia in April and the trip to Lake Hopatcong. A beefsteak is also being planned (no date yet).

Jack Yurasek reported that the Science Club will be going to the Museum next week.

Vince Tortelli spoke of the Book Club. Members are welcome.

Joe Pullaro advised all that Activities Unlimited is back in the Suburban News. Good news. He also said that sometimes we even make the Record. (hit or miss)

Dour Cooper reported that Richard Neuman passed away on March 3rd.

We had a total of 98 at the general meeting. 88 members and 10 guests.

The meeting adjourned at 2:30 PM.

Respectfully submitted

Howard Vogel

Secretary